

Saraland City Schools
10/04/2023







WELCOME *COUNSELOR* *ADVISORY*





IN ADVISORY COUNCIL

Purpose

-  **Reviews data from school counseling programs**
-  **Advocates for the school counseling program**
-  **Contributes to the improvement of the school counseling program**
-  **Provides feedback to school counselors**

ALABAMA SCHOOL COUNSELING PROGRAM OF DISTINCTION



THE SPARTANS ARE CELEBRATING THE
DESIGNATION OF ALL SARALAND CITY
SCHOOLS AS PURPLE STAR SCHOOLS!

PURPLE UP DAY
FRIDAY, APRIL 21



Recognize
students of
military families.



Celebrate Saraland
City Schools'
designation as
Purple Star Schools



Wear purple to
show support of
military kids.

April has been designated as the Month of the Military Child. The Purple Star School program was designed to help mitigate the challenges of high mobility by setting standards for and publicly designating military-friendly schools. This award recognizes schools that show a major commitment to military-connected students and families. The color purple references the joint environment of the military, encompassing all service branches.

**WEAR PURPLE
ON FRIDAY!**

For more information, visit:
[https://www.militarychild.org/
purplestarschools](https://www.militarychild.org/purplestarschools)

PURPLE STAR SCHOOLS

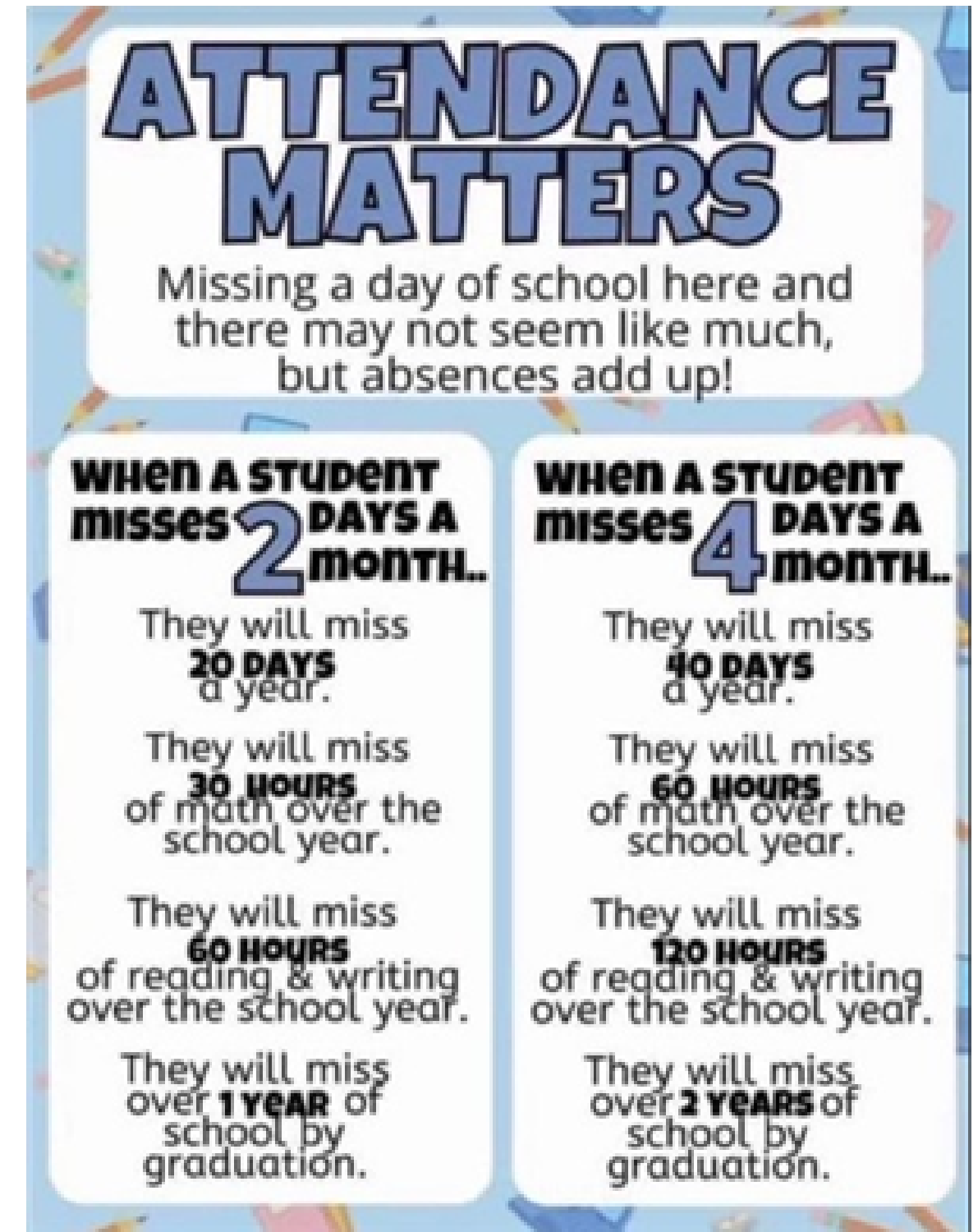
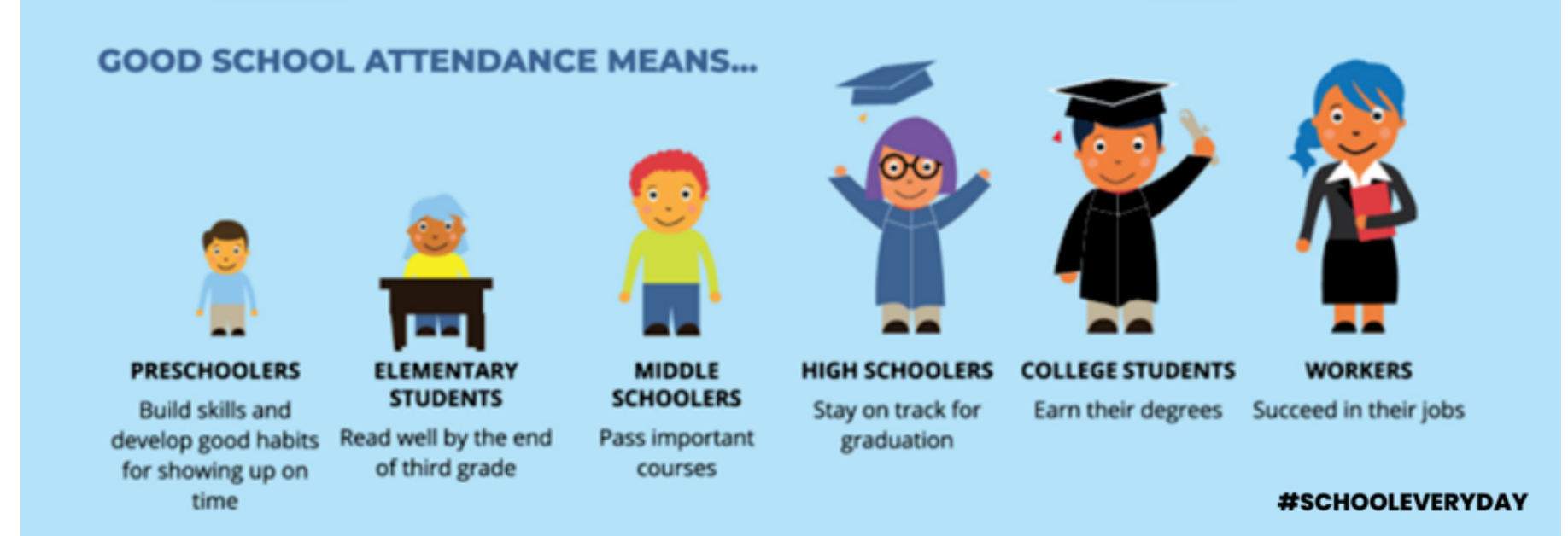


- In Alabama 127,000 students were Chronically Absent in the 2021-2022 school year.
- Chronically Absent – If a student misses 18 or more days in the entire school year, excused or unexcused. This is equal to 10% of the school year.
- Truancy– When a student has accumulated an excessive amount of unexcused absences.

5 UA – The student is referred to Helping Families Initiative.

7 UA – The parent is assigned to Early Warning Truancy.

10 UA – A court petition is filed with Strickland Youth Center.



NAMIWALK 2023

SPECIAL GUESTS SARALAND HIGH SCHOOL CHEERLEADERS

 NAMIWalks Mobile · Follow
Apr 8 · 🌐

NAMIWalks Mobile is excited to announce that the Cheer Squad from [Saraland High School](#) will be at the Walk to cheer us on and judge our annual Team Spirit Contest. The Saraland School System is leading the way in "Mental Health For All!" by employing a full-time Youth Mental Health Coordinator who focuses on the mental health and well-being of their students. That's why they're "Spartan Strong!"



*"SARALAND CITY SCHOOLS ARE
LEADING THE WAY IN MENTAL
HEALTH FOR ALL!" -NAMI LEADER*

Next slide →

EMPLOYEE ASSISTANCE PROGRAM (EAP)

**COUNSELING SERVICES
PROVIDED BY SARALAND
CITY SCHOOLS FOR ALL
EMPLOYEES INCLUDING
IMMEDIATE FAMILY
MEMBERS**

Next slide →



Employee Assistance Program

CONFIDENTIAL COUNSELING
At No Cost to You



**BayView Professional Associates
Employee Assistance Program Offers Help**

One of your company benefits is the BayView Employee Assistance Program, which provides confidential counseling to help you during difficult times. Usually we are able to work out our problems, but sometimes those problems persist and become serious enough to affect us both off and on the job. At such times, a BayView counselor may be able to help address a number of issues, such as:

- Work stress
- Emotional or mental health
- Work and life balance
- Substance abuse
- Personal growth and development
- Family and personal relationships
- Financial or legal-related stress and referrals

Telehealth Consultations Available

Call today to schedule a free appointment.

(251) 660-2360 • (888) 335-3044

BayView
Professional Associates
Your well-being is our priority.

Offices in Fairhope and Mobile

BayView office hours:
Monday - Friday 8 a.m. to 5 p.m.
Specialized services offered in the evening.



SARALAND ELEMENTARY SCHOOL

CALMING ROOM


**HERE A STUDENT CAN REGROUP IN
A SAFE SPACE WITH AN ATMOSPHERE
THAT REDUCES ANXIETY WHILE
ALLOWING THE CHILD TO PROCESS
EMOTIONS THAT ARE
OVERWHELMING.**

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ALTAPOINTE

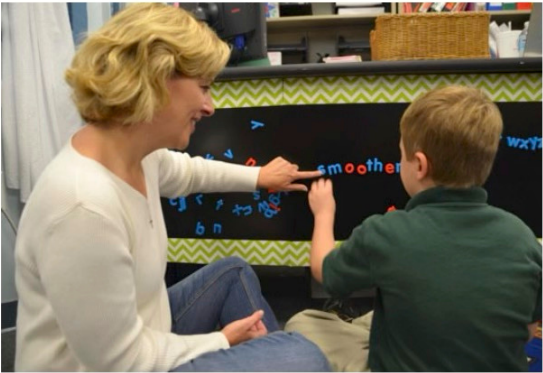
ALTAPOINTE HEALTH SYSTEMS
WILL BE PROVIDING A
SCHOOL-BASED THERAPIST
IN SCHOOLS FOR
COLLABORATION IN THE
2023-2024 SCHOOL YEAR



Healthcare and Patient Services Healthcare Professionals and Referral Services About AltaPointe

AltaPointe Health Systems


School-Based-Therapy-
Childrens-Outpatient-Services



Contact us :
Access To Care:
(251) 450-2211

Patient Relations:
(833) 921-1811

Human Resources:
(251) 450-5919



Next slide →

U MATTER

MENTOR PROGRAM

**MENTORS ARE KEY TO
UNLOCKING THE TRUE
POTENTIAL OF YOUNG
SPARTANS – GUIDING THEM
TOWARD SUCCESS**

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SARALAND HIGH SCHOOL

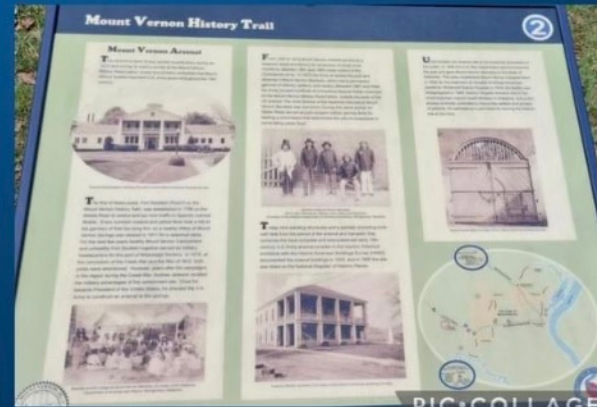
SEARCY HOSPITAL FIELD TRIP



Saraland City Schools

Sep 12 · 🌐

Today, Mrs. Carmichael's AP Psychology class took a trip in time, connecting the history of Searcy Hospital to their studies of mental health and clinical care pra... See more



Next slide

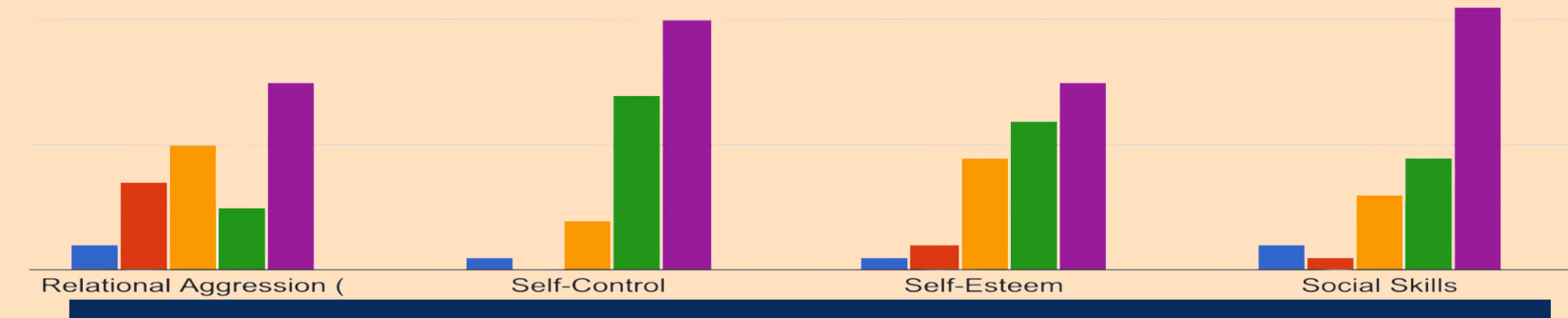




**Dr. Hartley,
Counselor**

SARALAND EARLY EDUCATION CENTER

1 (Not Needed) 2 3 4 5 (Strongly Needed)



- **77% of teachers and staff agreed or strongly agreed that students were in need of coping skills**
- **87% of teachers and staff agreed or strongly agreed that students were in need of self-control**
- **77% of teachers and staff agreed or strongly agree that students were in need of social skills**
- **According to PowerSchool data, 9 kindergarten and 10 first grade students received discipline referrals during the first 6 weeks of school.**

SELF-CONTROL

1. Stop



2. Think



3. Act



Goal: By December 15, kindergarten and first grade discipline referrals for disruptive behaviors will decrease by 48% from 19 students to 10 students.

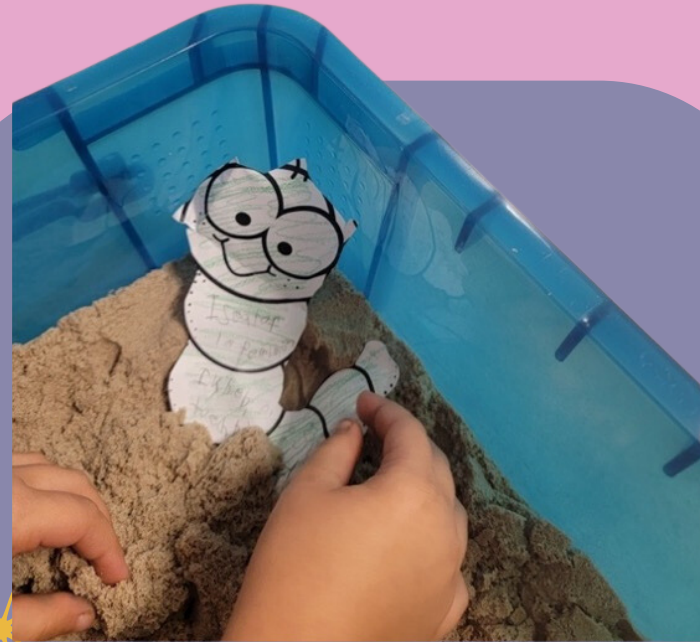
Objective: Students will be able to identify 3 strategies to use when applying the Stop, Think, Act Technique.

Interventions: Character Trait-Responsibility Unit

Lessons will be implemented that include self-control, making the right choice, and problem-solving

A "Stop. Think. Act." poster will be given to all classroom teachers and bus drivers to display the common language that will be promoted by all. Parent newsletter that includes strategies, books, and suggestions to encourage collaboration between school and home

**Kind
Kids**



**Worry
Worm**

Feelings



Detective

**COUNSELING
INITIATIVES**

SEEC



**Mrs. Cavin,
Counselor**

SARALAND ELEMENTARY SCHOOL

Set goals

- **17 students grades 2–5 were absent 7 or more days the first two months of school (August and September) totaling 138 absences.**
- **The goal is to reduce the total number of absences by 20% from 138 to 110 number of total absences the next 20 days of school (October and November).**
- **Small groups, individual check-ins, and teacher check-ins (broken into two groups 2nd/3rd and 4th/5th) will be used as interventions.**

2nd grade has the highest number of students with an academic intervention plan (MTSS) – working with these students to transition to second grade

- **Developed classroom instruction plan for all 2nd graders focusing on “How to Be a Successful Spartan” including lessons on study skills, organization, and time management**



CLASSROOM INSTRUCTION

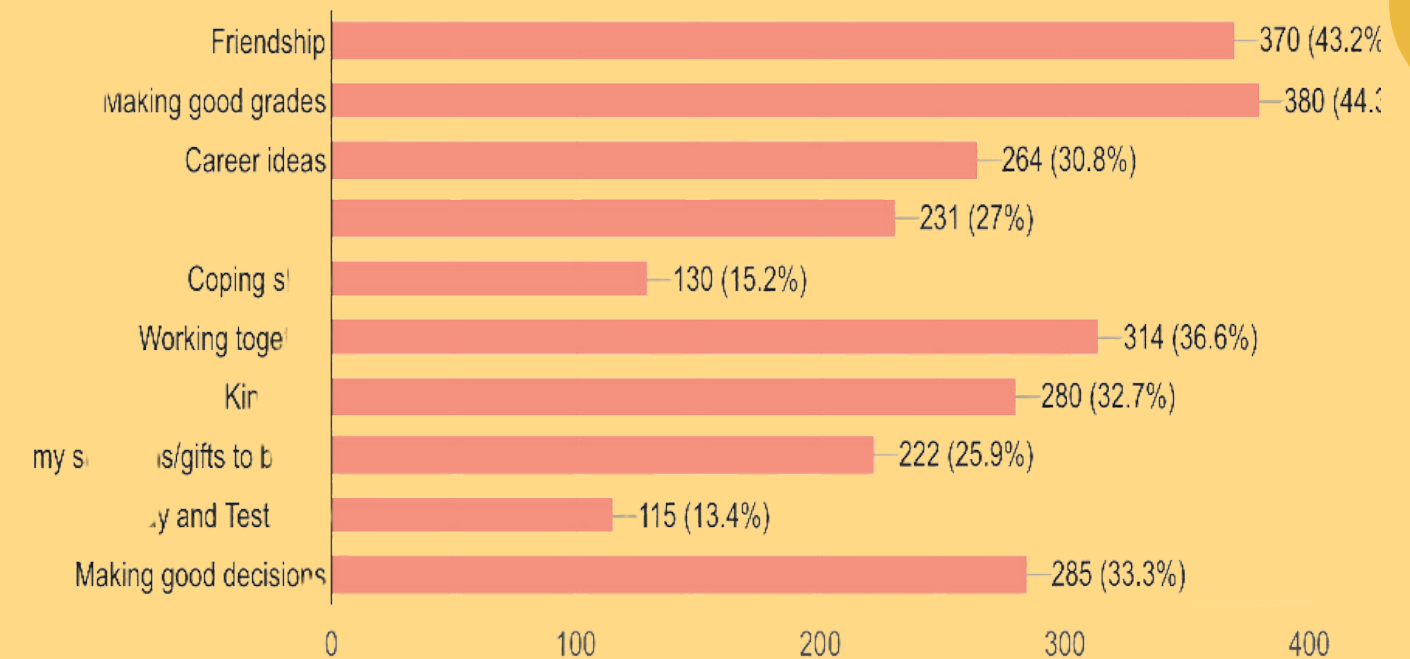


SES

NEEDS ASSESSMENT

SES

What would you like to learn about? Check your favorite 3.




- **Surveyed all students about what they wanted to learn about in Character Education**
- **857 students completed the survey**
- **Completed in September**



Schedule

**SES
Ambassadors**



**Tools of
Work**

SES

COUNSELING ACTIVITIES



6th Grade

- 35% Test Anxiety
- 31% Study Skills
- 29% Time Management

13 respondents (45%) answered **vaping** for this question.

Mental health boy talks Vaping- people self harm Drugs/vaping Drugs and bullying Sept **vaping** Bullying Social etiquette Vaping/drugs media and bullying racism awareness awareness about family people being sneaky Suicide awareness



7th Grade

- 37% Feeling Stressed
- 33% Organization Skills
- 32% Time Management

8th Grade

- 42% Study Skills
- 32% Feeling Stressed
- 31% Time Management

7 respondents (33%) answered **Vaping** for this question.

special education Social etiquette students talk **Vaping** bullying on stuff school talk with all the students Bullying Drugs/vaping Maybe come kids things good job People at our school

SMS

NEEDS ASSESSMENT



Memories

friends

PEER HELPERS



*Good
Times*

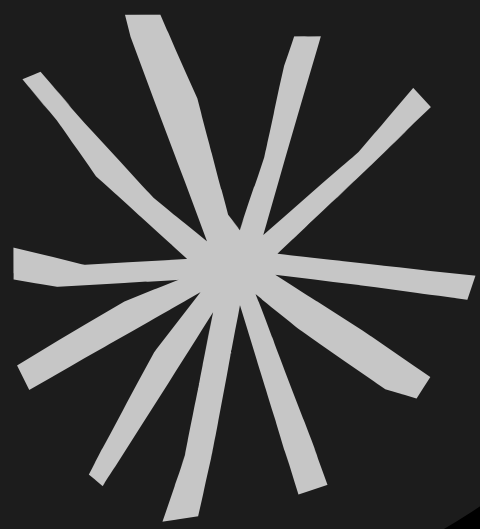


After school training

**Cleveland House
Fieldtrips**

Fundraiser

SMS



SARALAND MIDDLE SCHOOL

UPCOMING COUNSELING EVENTS

School Counselor Daily Schedule
Saraland Middle School

7:05-8:15	Guidance Prep & Conference
8:15- 9:15	System Support Services Responsive Services
9:15-12:00	Individual Counseling Or Group Counseling
12:00-12:30	Lunch
12:30-2:00	Individual Counseling Or Group Counseling
2:00-2:45	Planning Conference
2:45-3:15	Committee/Staff Meetings

Parenting Day
Human Trafficking/ Social Media

Red Ribbon Week

Peer Helper Conference
Feb 29 - March 1

Drug Education
Presentation

ALCA Conference
Nov 14-17

Holiday Help for Families in Need



WE ARE
FAMILY

SARALAND HIGH SCHOOL



Mrs. Skoglund



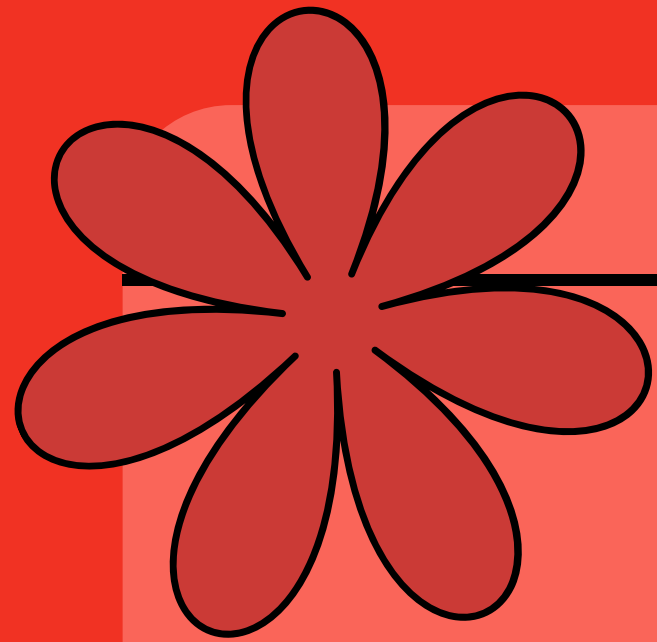
Mrs. Granade



Mrs. Zwierzynski







UNIVERSITY OF MOBILE COLLEGE FAIR SCAVENGER HUNT



TRANSCRIPT AUDITS



SHS

SARALAND HIGH SCHOOL Transcript Analysis Chart

Student Name _____

Grade Level	English Requirements	Social Studies Requirements	Math Requirements	Science Requirements
9	<ul style="list-style-type: none">English 9English 9 HR	<ul style="list-style-type: none">World HistoryWorld History HR	<ul style="list-style-type: none">GeometryGeometry HR	<ul style="list-style-type: none">BiologyBiology HR
10	<ul style="list-style-type: none">English 10English 10 HR	<ul style="list-style-type: none">US History IUS History 201 DE	<ul style="list-style-type: none">Algebra IAlgebra I HR__N/C Accelerated 7/8 (85 min)	<ul style="list-style-type: none">Physical ScienceChemistry HRPhysics HR
11	<ul style="list-style-type: none">English 11English 101 DE	<ul style="list-style-type: none">US History IIUS History 202 DE	<ul style="list-style-type: none">Algebra IIAlgebra II HRPre-Cal Alg DE (MA 112)	<ul style="list-style-type: none">Earth & SpaceEnvironmentalMarineForensicsIntro to Biology 101 DEHuman Body StructuresPhysics APChemistry APUM A&P IUM A&P II
12	<ul style="list-style-type: none">English 12English 102 DE	<ul style="list-style-type: none">Govt / EconomicsGovt / Economics HR	<ul style="list-style-type: none">Algebra w/ FinancePre-Cal Trig DE (MA 113)Calculus APElem Stats DE (MA 211)Academy of Craft Math	
REQUIRED ELECTIVES	<ul style="list-style-type: none">Physical Education /Varsity Sport/ Marching Band /Dance/JROTCCareer PrepHealth		3 Units of CTE, Fine Art, and/or Foreign Language <ul style="list-style-type: none">_______________	

Diploma Endorsement

- Regular
- Advanced Academic
- Advanced Honors

College and Career Ready Indicator

- AP Attainment
- ACT Benchmark
- College Credit _____
- Career Tech Credential _____
- Completer

Counselor Signature

Freshman _____

Sophomore _____

Junior _____

Senior _____

Notes: _____

Red Ribbon Week



Spirit Days

October 23-27



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Your Future is Bright!</p>  <p>Wear Neon Shirt</p>	<p>Lei off Drugs!</p>  <p>Wear Hawaiian Shirt and/or Lei</p>	<p>Team Up Against Drugs!</p>  <p>Wear Team Jersey</p>	<p>Peace Out to Drugs!</p>  <p>Wear Tie-Dyed Shirt</p>	<p>Band Together Against Drugs!</p>  <p>Wear a Band Shirt</p>

SUICIDE PREVENTION WEEK

P - purpose

A - attitude

T - team

H - hope

Round Robin Group Questions P.A.T.H. Mental Health/Suicide Prevention



Facilitator: Cut on the dotted line to provide each group with a prompt.

Station #1

As you approach the legal drinking age, how can alcohol use be a factor in someone's contemplation of suicide?

Station #2

According to The Trevor Project, 76% of youth respondents indicated that they would be somewhat to extremely likely to reach out via text or chat in a crisis.

a) Why are people more likely to reach out via text or social media than in person?

b) How can we use that to our advantage when trying to help?

Station #3

The Trevor Project also reported 39% of LGBTQ respondents seriously considered attempting suicide in the past twelve months.⁶ Why is the risk among the LGBTQ population greater than those not in that population?

Station #4

It is common for people to agree to keep someone else's struggle with depression or suicidal thoughts a secret. Why do you think people might be willing to swear themselves to secrecy? How can that be problematic?

Station #5

What are some of your usual coping skills that you use to deal with stress or sadness when you feel overwhelmed?

Station #6


Make a list of people whom a young adult could reach out to in crisis?

path

Prevention & Assessment for Total Health © 2023 ThriveWay, LLC. All rights reserved.



Kelly Gatewood
Transitions Coach



IEP?

**what
NOW?**

TRANSITIONS?

This event is designed for 8th-12th grade students with an IEP and their families to prepare for transition out of high school.

**LEARN
ABOUT YOUR
LOCAL AND
STATE
RESOURCES**

MEET REPRESENTATIVES FROM:

ALABAMA DEPARTMENT OF REHAB
SERVICES (ADRS)
PROJECT SEARCH
ABLE SAVING PLAN
PASSAGE USA
ALABAMA MENTAL HEALTH
GOODWILL GULF COAST
USA REGIONAL AUTISM NETWORK

EMPLOY ENLIST ENROLL

Upcoming

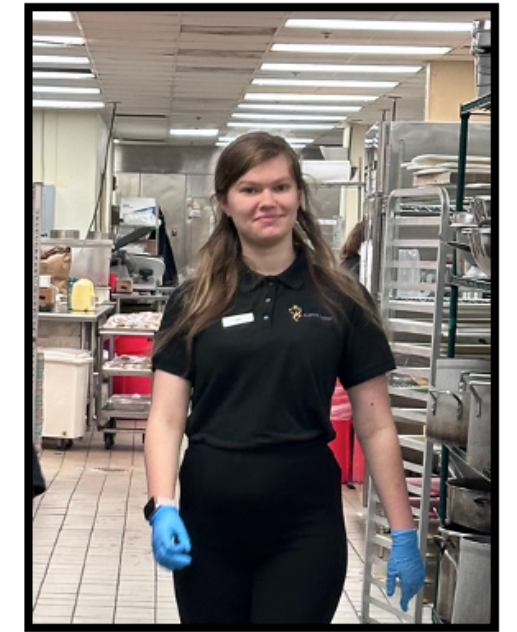
- ONE-ON-ONE MONTHLY MEETINGS W/ ENNEAGRAM PERSONALITY TEST AND SOFT SKILLS TRAINING
- COMMUNITY BASED INSTRUCTION
- COLLEGE APP WEEK - OCT 16-20
- PRE-ETS (WORKPLACE READINESS & WORK PLACE TOUR)
- WHAT NOW? (TRANSITION NIGHT)



**HOUSEKEEPING
BANQUET SERVICES
KITCHEN PREP
ENGINEERING/MAINTENANCE**



**PLUMBING/PIPEFITTING
HVAC/MECHANICAL
BUILDING CONSTRUCTION
ELECTRICAL**





Emily Easterbrook Career Coach



INGALLS SHIPBUILDING INDUSTRY TOUR WELDING STUDENTS

ATTENDED MARITIME CAREER FAIR LEARNED ABOUT THE APPRENTICESHIP PROGRAM



**SAVE
THE
DATE**

MY
MARITIME
CAREER





**MARITIME
CAREER FAIR**

SEPTEMBER 12TH
10AM-2PM

LOCATION:
1640 DAUPHIN ISLAND PKWY
MOBILE, AL 36605

MORE INFORMATION:
251.478.0916
MYMARITIMECAREER.ORG



INTEREST SURVEYS

6th Grade Career Explorations

2. What do you want to be when you grow up?

[More Details](#)

[Insights](#)

24
Responses

Latest Responses

"A nursenethesis"

"Nurse or cook."

"Maybe something to do with ministries."

4 respondents (17%) answered **Nurse** for this question.

baseball player Chemical engineer
pet groomer baby and delivery football player
Nurse or cook **Nurse player** Game designner
game developor Sports Player Profesional Singer
arospace engineer welder or a firefighter
player or in the militray video editor actor/actress

High School CTE Students

5. Based on the CTE Program you are enrolled in, what kind of industry tour or career speaker would be most interesting to you? (Example: If you are in Hospitality, you might want to tour a resort, convention center for event planning, etc.)

[More Details](#)

[Insights](#)

52
Responses

Latest Responses

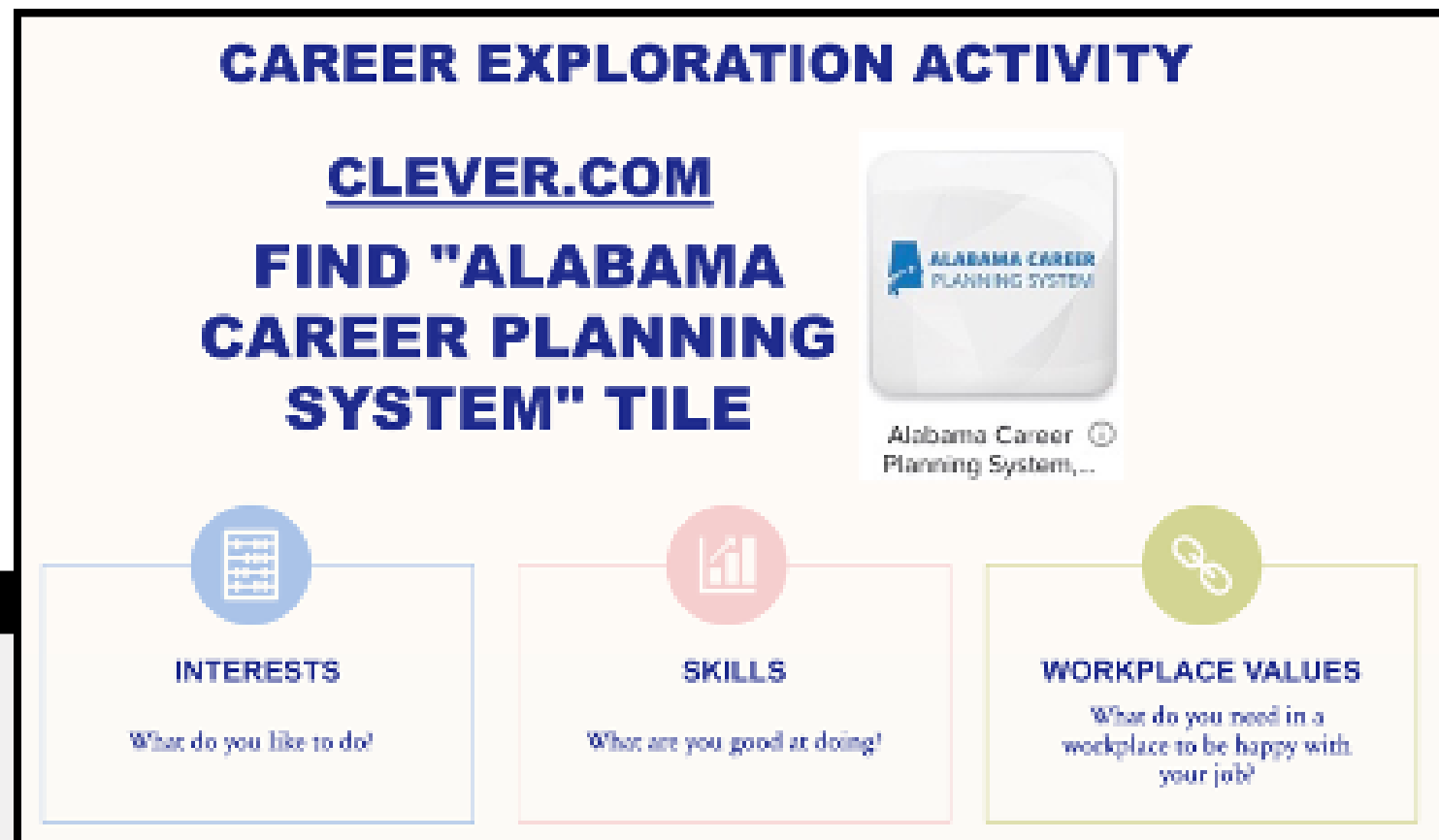
"engineering museums/ architecture"

"I want to go around the world, fixing buildings"

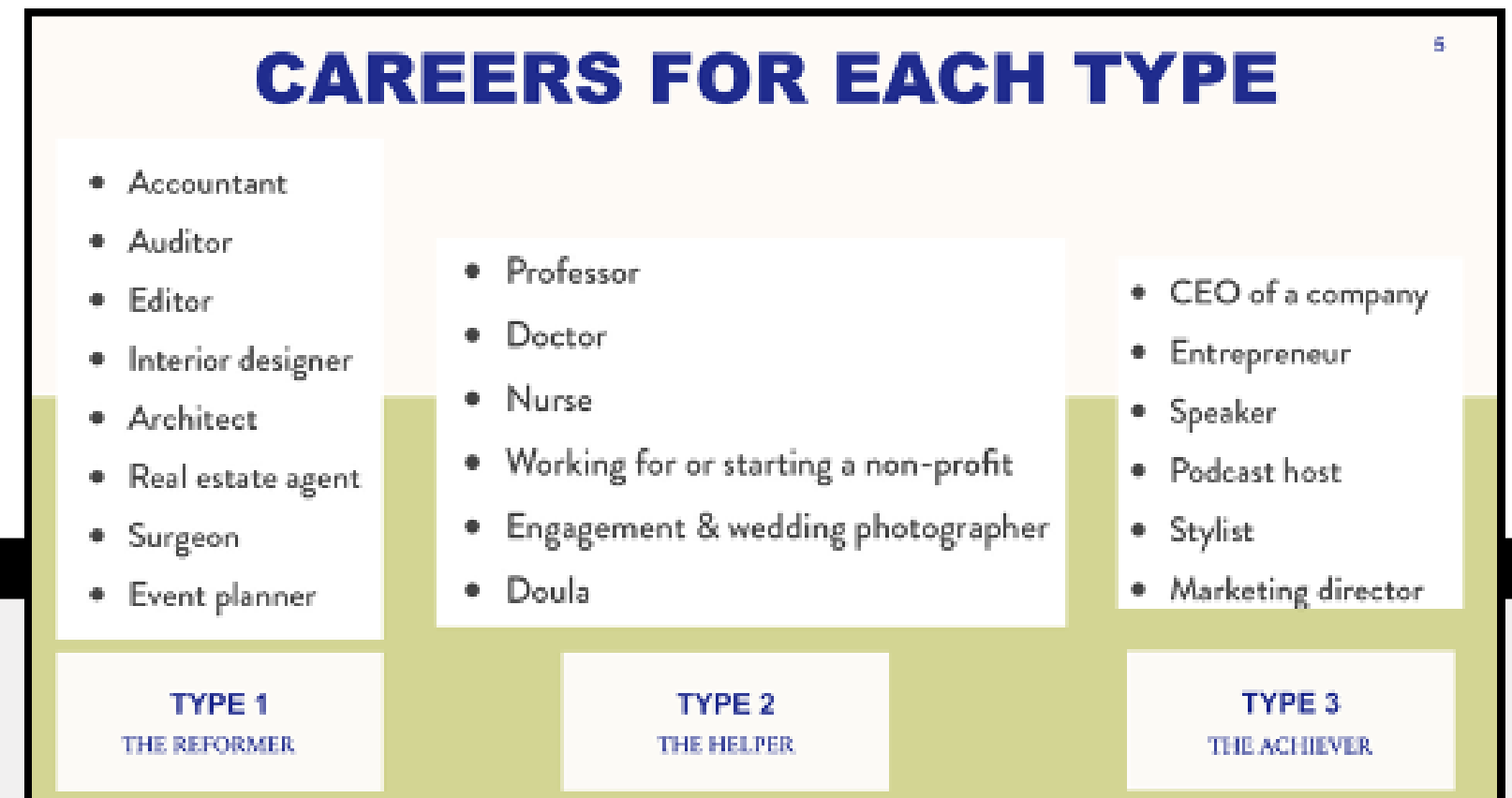
"A biomedical engineer speaker would help me ask questions about the ca..."

TESTING TO PRESENTATIONS

6th Grade Career Explorations



High School CTE Students



UPCOMING...

COLLEGE APP WEEK SCAVENGER HUNT

4. Which university is home to the largest medical school in Mississippi? *

↑ Upload file

File number limit: 1 Single file size limit: 1GB Allowed file types: Word, Excel, PPT, PDF, Image, Video, Audio

5. 1 out of 3 broadcast meteorologists you see on TV have had some kind of formal training from which university? *

↑ Upload file

File number limit: 1 Single file size limit: 1GB Allowed file types: Word, Excel, PPT, PDF, Image, Video, Audio

**STUDENTS WILL HAVE TO
FIND MASCOTS POSTED
AROUND CAMPUS
THEN
UPLOAD TO THE
MICROSOFT FORM AND
ANSWER EACH FUN FACT
PROVIDED BY RECRUITERS**

October –

- Build-A-Bridge Competition for Business CTE Students
- Financial Aid Night for seniors
- 4 Year Plan Update
- CTE Exploration Presentations
- Mock Interview Prep and Presentations
- College Application Week
- Industry Tour – The Grande
- Engineering Speakers in Career Prep
- SHS Bishop/Coastal Field Trip
- One-on-one meetings with undecided seniors

save the date

December –

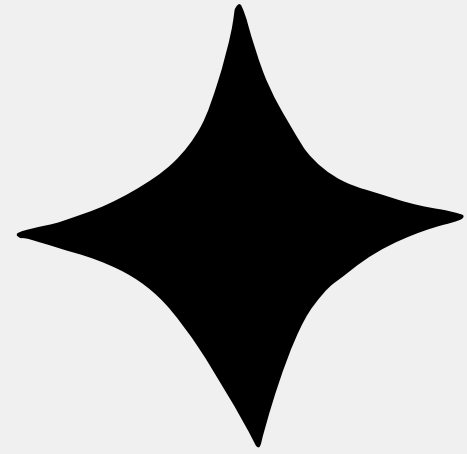
- Your Money, Your Life – Career Prep classes
- Potential Industry Tour for Welding – Myer Companies
- SMS CTE Presentations
- SMS Career Assessments
- SMS 4 Year Plan creation, update, and approval

November –

- Senior Mock Interviews
- Industry Tour – OWA
- SHS Reality Check with juniors
- USA Engineering Discovery Day
- Academy of Craft Training Presentation, Application, and Interview Process
- SHS Report Card Conferencing
- Potential Industry Tour Welding - Austal
- SES Kuder Galaxy
- SES Tools of Work



events



Saraland
City Schools



THANK YOU
COUNSELOR
ADVISORY

