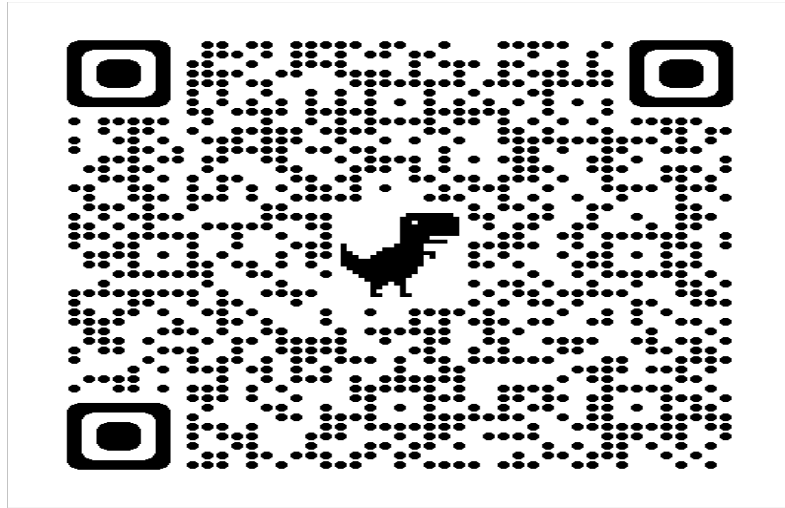


Track & Field Sign-up

Anyone interested in trying out for the Middle School Track & Field team for the 2025 season needs to scan the QR Code and fill out the required information



Tryouts will be held on Tuesday January 14th & Thursday January 16th after school from 3:00pm-4:30pm at the Saraland High School Track Facility **(Ride Activity Bus to the High School)**

Basketball and Wrestling team members who sign up for track will tryout after their season ends.

You must be signed up and have a current physical on file in dragonfly in order to tryout. All paperwork must be completed and approved in dragonfly in order to tryout

See Coach Nobles for a Physical Form

You must also be signed up for our Remind to tryout

Number: 81010 Message: @smstf24

Sign-up will end on Tuesday 1/10/25