

Saraland Middle School

March 2025



Breakfast

6th Sausage Biscuit
 7th Hot Cereal, Omelet, Cheese Toast
 10th French Toast & Sausage
 11th Chicken Croissant
 12th Hot Cereal, Pancake Bites
 13th Sausage Biscuit
 14th Hot Cereal, Pancake on a Stick
 17th Pancakes & Sausage
 18th Chicken Croissant
 19th Hot Cereal, Breakfast Pizza
 20th Sausage Biscuit
 21st Yogurt & Pancake on a Stick
 24th Waffles & Sausage
 25th Chicken Croissant
 26th Hot Cereal & Pancake on a Stick
 27th Sausage Biscuit,
 28th Hot Cereal, Omelet, Cheese Toast
 31st French Toast & Sausage
 1st Chicken Croissant
 2nd Hot Cereal & Pancake Bites
 3rd Sausage Biscuit
 4th Hot Cereal & Breakfast Pizza

Mon	Tue	Wed	Thu	Fri
3	4	5 Teacher Workday	6 Pizza, Broccoli, Fresh Vegetables	7 Chicken Sandwich, Chips, Mixed Vegetables, Fresh Vegetables
10 Cheesy Chicken & Broccoli Casserole, Mixed Vegetables, Fresh Vegetables	11 Baked Chicken, Rice Pilaf, Green Beans, Fresh Vegetables	12 Hamburger, Oven Potatoes, Baked Beans, Fresh Vegetables	13 Gumbo w/ Rice or Corndog, Corn, Potato Salad, Fresh Vegetables, Rice Krispy	14 Chicken Nachos w/ Cheese, Corn, Black Beans, Fresh Vegetables
17 Chicken Bites, Green Beans, Fresh Vegetables	18 Hot Dog w/ Chili & Cheese, Baked Beans, Coleslaw, Potato Tots, Fresh Vegetables	19 Chicken Sandwich, Chips, Broccoli, Fresh Vegetables	20 Nachos w/ Cheese, Corn, Black Beans, Fresh Vegetables	21 Pizza, Green Beans, Fresh Vegetables, Rice Krispy
24 Chili Crispito w/ Cheese, Corn, Black Bean Dips, Fresh Vegetables	25 Chicken Alfredo, Broccoli, Fresh Vegetables	26 BBQ Sandwich, Baked Beans, Coleslaw, Oven Potatoes, Fresh Vegetables	27 Spaghetti, Green Beans, Fresh Vegetables	28 Pizza Crunchers, Broccoli, Fresh Vegetables, Pudding
31 Chicken Sandwich, Oven Potatoes, Broccoli, Fresh Vegetables	1 Italian Cheese Bread, Green Beans, Fresh Vegetables	2 Chicken Vegetable Soup, Grilled Cheese, Fresh Vegetables	3 Salisbury Steak w/ Gravy, Creamed Potatoes, Peas, Fresh Vegetables, Hushpuppies	4 Hot Dog w/ Chili & Cheese, Coleslaw, Baked Beans, Potato Tots, Fresh Vegetables

Offered Daily with Meals:
 Cereal & Toast with Breakfast
 Lunch & Breakfast: Unflavored
 1% Low Fat, Unflavored Skim,
 Fat Free Flavored Milk.
 Fruit & Juice served daily.
 Alternate Lunch Meal:
 Chef Salad
 Menu subject to change due to deliveries.