

Welcome back to the 2023-2024 school year.

**Course Objective**

Physical education plays a large role in the development of motor, cognitive, and social skills. It is the goal of our department to provide activities in a safe learning environment that promote the development of these skills. These activities will include individual and team sports, recreational activities, physical fitness activities, and dance. Students will learn the skills required for these activities, teamwork, sportsmanship, acceptance of and respect for others, respect for equipment and property, and the importance of living a healthy active lifestyle.

**Course Requirements and General Rules**

1. Students must always keep their hands to themselves.
2. Students must practice proper hygiene.
3. All personal items should be locked in the locker room during class.
4. Students must wear clothing as it is intended to be worn. Sagging will not be allowed.
5. Students are not allowed into the equipment closet at any time. Equipment must be issued by a teacher.
6. Students should not use any equipment in the gym or on the playing field until given instruction to do so.
7. NO food or drinks are allowed in the gym.
8. NO chewing gum at any time.
9. NO horseplay at any time.
10. NO one is allowed to enter the dressing room until instructed to do so.
11. Students must obtain permission to enter the restroom after the beginning of class.
12. Students must obtain permission from a teacher before leaving the gym area.
13. Respect others always. Bullying will not be tolerated!
14. Foul language will not be tolerated!

**Class Procedures**

1. At the beginning of class students should report directly to the Gym and sit in their assigned area for roll call.
2. Students will be instructed on the day’s activity and will walk in a single file line to the designated activity area.
3. At the end of class students will sit back in their assigned area until the bell rings to dismiss. Students will be dismissed orderly to their next class.
4. A student that has a medical excuse for 1-3 days must provide a written excuse. An alternate plan will be given.
5. Any student that has a medical excuse for more than 3 days must provide a doctor’s excuse to the P.E. teacher and school nurse. An alternate plan will be made.

**Classroom Management Plan**

The 6th -8th grade Behavior Management Plan will be used at all times.

Good behavior will be rewarded in many forms. Students who consistently exhibit good behavior will gain classroom leadership responsibilities and words of affirmation. Activity teams engaged in a unit will be rewarded by a points system for good behavior. Good behavior throughout the entire class will be rewarded with a good Friday activity selection.

A student that is misbehaving will be given a verbal warning with an opportunity to correct his behavior.

Parents of a student continuously misbehaving will be contacted or called in for a conference.

Severe acts of defiance or misbehavior will result in a visit to the appropriate administrator.

Anyone engaged in a fight or heated verbal altercation that could escalate into a fight will be referred to the appropriate administrator.

**Grading**

90% Weekly participation grade

10% Standard Based Assessments.

Any questions please feel free to email me:

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